



Capel Primary School



PSHE/Citizenship/SRE/Drugs Policy

Next Review Due: **Autumn 2016**

Sub Committee

24/11/15

Govs

17/12/15

PSHE/SMSC/SRE policy

Definitions:

PSHE (Personal, Social and Health Education)

SMSC (Spiritual, Moral, Social and Cultural Development)

SRE (Sex and Relationship education)

Capel Primary School attaches great importance to these subjects and its place in the curriculum. We believe it has a crucial role to play in the development of character, the creation of active community members and the happy and successful functioning of the school itself.

Aims

Children need the self-awareness, positive self-esteem and confidence to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- understand and respect the differences between people
- develop independence and responsibility
- play an active role as part of a democratic society
- make the most of their own and others' abilities
- understand how different cultures can enrich our own
- understand the importance of British Values

These subjects are central to the entitlement of all children at Capel School and they permeate all aspects of school life.

It is encompassed within the teaching of all subjects and forms an essential part of them.

These areas are linked closely to other policies including:

- Anti- Bullying
- Positive Behaviour Policy
- R.E.
- Science
- Geography
- P.E.
- Child Protection
- Health and Safety
- Equal Opportunities
- Community Cohesion

The overall management of the curriculum, teaching styles, the school ethos, aims, attitudes and values all contribute to the success of these subjects within the school.

British Values

British Values Statement

At Capel Primary School we value the diversity of backgrounds of all pupils, families and wider school community.

The Department for Education states that there is a need:

“To create and enforce a clear and rigorous expectation on all schools to promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs”.

The Department for Education defines British Values as follows:

- Respect for democracy and support or participation in the democratic process
- Respect for the basis on which the law is made and applies in England
- Support for equality of opportunity for all
- Support and respect for the liberties of all within the law
- Respect for and tolerance of different faiths and religious and other beliefs

Our school reflects British values in all that we do. We aim to nurture our children on their journey through life so they can grow into safe, caring, democratic, responsible and tolerant adults who make a positive difference to British society and to the world. We encourage our children to be creative, unique, open-minded and independent individuals, respectful of themselves and of others in our school, our local community and the wider world.

At Capel, we actively promote British values in the following ways:

Democracy

- All children are encouraged to debate topics of interest, express their views and make a meaningful contribution to the running of the school on matters that directly involve pupils. Children also have the opportunity to have their voices heard through pupil questionnaires and pupil surveys.
- The principle of democracy is explored in the curriculum as well as during assemblies and special days. We have an elected School Council and Head boy/ Head girl.

Rule of Law

- Our school follows three key strands of the behaviour policy (Learning, Respect and Secure) which are integral to our learning and ethos every day.
- School rules and expectations are clear, fair and regularly promoted.
- Pupils are always helped to distinguish right from wrong, in the classroom, during assemblies and on the playground.
- Pupils are encouraged to respect the law and enjoys visits from authorities such as the Police, Fire Service, Ambulance, etc. to help reinforce this message
- The Behaviour and Anti-Bullying policies set out a zero tolerance baseline for any form of aggression, abuse or violence, which extends to pupils, staff and parents and carers.

Individual Liberty

- Within school, pupils are actively encouraged, and given the freedom to make choices, knowing that they are in a safe and supportive environment. eg. by signing up for extra-curricular clubs.
- Pupils are supported to develop their self-knowledge, self-esteem and self-confidence.
- Pupils are encouraged to take responsibility for their behaviour and our pastoral support reinforces the importance of making the right choices.
- Pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely, for example through our e-safety teaching and PSHE lessons.
- Vulnerable pupils are protected and stereotypes challenged.
- Pupils have key roles and responsibilities in school e.g. Year 6 Dinner monitors, Playground Buddies and Play Leaders etc.

Mutual Respect and Tolerance of Those with Different Faiths and Beliefs

- Respect is one of the core values of our school. The pupils know and understand that it is expected that respect is shown to everyone, adults and children.
- Pupils are helped to acquire an understanding of, and respect for, their own and other cultures and ways of life.
- Staff and pupils are encouraged to challenge prejudicial or discriminatory behaviour.
- Links and visits are promoted with local faith communities and places of worship. E.g. Members of different faiths or religions are invited to school to share their knowledge and enhance learning within assemblies and in class.
- Through the PSHE and RE curriculums pupils are encouraged to discuss and respect differences between people, such as differences of faith, ethnicity, disability, gender or sexuality and differences of family situations.
- Assemblies and discussions involving prejudices and prejudiced-based bullying have been followed and supported by learning in RE and PSHE.

We offer a culturally rich and diverse curriculum in which all major religions are studied and respected and global dimension work embedded in many of our Creative Curriculum topics. We also deliver the Kent RE scheme to further support this. Our curriculum topics offer children the chance to reflect on our core values and British values

Time Allocation

At Capel Primary School we allocate an identified minimum time of 30 minutes each week to these subjects. There will also be blocked periods of time during the year to address specific PSHE themes and issues. We also understand that in many cases the issues will be dealt with within the context of other subjects and in many informal ways during normal school life. Assemblies too will provide an important context for developing these subjects.

S.E.A.L.

Capel Primary School uses the SEAL material to support its delivery of PSHE.

SEAL stands for Social and Emotional Aspects of Learning.

The school helped pioneer the scheme, and we found it to be of excellent quality and of real value to the children and staff.

The key themes dealt with in every year are:

- New beginnings
- Getting on and falling out
- Say “No” to bullying
- Going for goals
- Good to be me
- Relationships
- Changes

These address the key social and emotional aspects of:

- Empathy
- Managing feelings
- Motivation
- Social skills

These areas are also central to the philosophy of ‘Every Child Matters’

Curriculum and School Organisation

Teachers will use their own methods when teaching PSHE and Citizenship, while ensuring that these reflect the wider aims of the school. The subject can be developed through:

- Class topics - These could include work in Science, RE, English or History, for example.
- Circle time - Themes could include bullying, relationships, choices, loss, healthy eating, stress, smoking, anger, friendship, etc.
- R.E - The themes and issues within R.E. are generally at the heart of PSHE and Citizenship.
- Assemblies - Whole school, Key Stage and class assemblies all provide a valuable context for PSHE/Citizenship. This includes input from visitors from the wider community.
- Environmental education - This could include after-school clubs and visits, as well as classroom work.
- School Trips - These will develop team building skills, co-operation, tolerance, patience, self-confidence and a spirit of adventure.
- Theme Weeks – Where children develop their knowledge and understanding of specific issues over sustained study.

In planning the curriculum we shall endeavour to provide:

- a clear framework of values, agreed by all, within which to work
- a classroom climate that encourages a high level of interest and which values individual contributions
- opportunities for personal growth outside the classroom through responsibility, extra-curricular activities and educational visits
- equality of access for all

All staff will model the aims of this policy through their actions around school. Children are also helped to form their own attitudes and values by our general routines and the way in which individuals relate to each other. All members of the school are valued as individuals. Children will learn good manners and self-discipline in whatever situation they find themselves. The whole school ethos is relevant here.

Partnership with Parents and the Community

At Capel Primary School we aim for these subjects to complement the personal and social development of children provided in the home. A high priority is given to working with parents and is a vital part of our approach. A Home/School Book, consultation evenings, a Home-School Agreement and a general Open-Door policy contribute to achieving this partnership. Parents are encouraged to become involved in the life of the school, helping in class, other activities and the PTA. (Parent Teacher Association.)

We also value the contribution of the wider community and outside agencies. We invite a range of representatives to talk with the children, including the School Nurse, Police, Fire Service, Rail Safety Staff, Charity Workers and Local Religious Representatives.

We also have a Community Forum, with representatives from the local area including Secondary Colleagues, Scouts and parents, to discuss area issues and enable us to impact on our community (and Vice versa).

The school also engages with other professionals to ensure we can collaborate to support a family when required.

Resources

These subjects will have its own funding within the school in order to maintain an appropriate level of resources and provide training to staff. SEAL resources are made available to all staff in a central location, and everyone is encouraged to contribute to them as well as to use them.

Subject Leader Role

The Subject Leader for these subjects will:

- Ensure the school is kept up to date on recent developments
- Develop and action plan to see improvements within the subject, which will be updated throughout the year
- Resource the subject to ensure high quality learning experiences
- Promote the subject and model excellence in this area
- Maintain a subject folder to demonstrate impact on learning in this area

Equal Opportunities

The provisions of these subjects will be made available to all children regardless of race, colour, creed, gender or ability. Children with significant special needs will have their lessons differentiated as necessary by the class teacher.

SRE EDUCATION

Overall responsibility for the delivery of SRE rests with the Governors, and is delegated to individual class teachers in accordance with this policy. Although the National Curriculum suggests that SRE should be covered in KS3 Capel Primary School believes that coverage within KS1/KS2 will support our pupils.

Moral Framework

The Governors and staff of Capel Primary School believe that sex education is an essential and integral part of a 'balanced and broadly based' curriculum, helping pupils to learn about their present and future selves and their relationships to others. It is presented as such in this document.

- We believe that effective education is a partnership between parents and school and aim to work closely with parents to provide sex education as part of our school's health education work.
- We believe that pupils have the right to have their questions answered honestly, but when doing so staff will also consider parents' opinions, ethnic/religious views and the confidentiality of the questioner.
- We also believe that pupils have the right to the highest quality of education so the school will ensure that staff are regularly updated, that training is available and close contact is maintained with local health promotion agencies, the school medical service and specialist agencies.
- We believe that sex education is about the formation and expression of secure, loving relationships within the context of family life, and that it involves showing respect and commitment to others.

The Aims Of Our SRE Programme

Our SRE programme will cover a broad range of topics and will be about feelings and relationships as well as the functioning and care of the body. The aims are:

1. To teach the children about their changing bodies.
2. To teach them how to look after their bodies through diet, exercise and hygiene.
3. To teach them to respect their own and others bodies and feelings.
4. To teach the children about birth and reproduction.
5. To increase the children's personal relationship skills.

6. To teach the children the importance of open and honest relationships and the values of family life.

E-Safety

Capel School believes that all children must be taught how to stay safe on the internet, more information on how this is delivered can be found in other policies.

SPECIFIC ISSUES

Contraception

It is not the policy of the school to give instruction on the use of contraceptives, though their purpose may be referred to. The giving of detailed information to a child of this age is deemed to be the right and responsibility of the parent.

Confidentiality

Where individual children raise questions of a particularly explicit nature the issues will not be discussed with the whole class but referred to the child's parents (in accordance with DFE circular 5/94) and only with their consent answered outside the class.

Health Professionals

At present the nurse talks to the Year 5 girls about personal hygiene and Year 6 boys and girls (separately) about changes in puberty and whilst reinforcing personal hygiene with them too. The school uses a DVD to reinforce these issues.

Withdrawal

Under the current Education Act parents have the right to withdraw children from SRE, but we hope that parents would discuss this fully with us before making this decision.

Concerns

Any concerns about any of the issues in this document, please discuss them in the first instance with the class teacher, and then with the Headteacher if necessary.